

Fall Arrest System Inspection Checklist - Before Use

All fall arrest system components must be inspected before each use!

DO NOT use the equipment **IF ANY** component fails inspection. (Note what constitutes a failed inspection item. Notify your supervisor and take the equipment out of service immediately.

<u>Body Harness</u>	YES	NO
Is the Body Harness fully intact?		fail
Are any Tel-Tails visible?	fail	
Is there any unintended holes on the harness?	fail	
Are any of the straps on the harness discolored?	fail	
Is there any fraying on harness components?	fail	
Are all the clips / attachment points present?		fail
Are there any cracked / bent clips or buckles?	fail	
Is the harness material for the job being performed?		fail

<u>Lanyards</u>		
Is the lanyard fully intact?		fail
Are any Tel-Tails visible?	fail	
Is there any discoloring / fraying or holes in the fabric?	fail	
Are any links bent or stretched (if metal links)?	fail	
Are any cable lines snapped or frayed (if cable)?	fail	
Is the retracting feature working (if self retracting)?		fail
Are any of the clips/attachements cracked or bent?	fail	
Is the lanyard appropriate for the job?		fail

<u>Connectors & Anchor Straps</u>		
Are all hooks and carabineers intact?		fail
Is there a locking mechanism present?		fail
Are any connectors stretched, cracked or modified?	fail	
Has any of the stitching been ripped?	fail	
Are any Tel-Tails visible?	fail	