Fall Arrest Rescue Plan Form

No fall protection program would be complete without provisions for prompt rescue after a worker has fallen and remains suspended, unable to evacuate to a safe working level. A rescue plan must be developed whenever fall arrest systems are in use and when personnel may not be able to self-rescue should a fall occur. This document is intended to provide guidance for developing site and job-specific rescue plans for working at heights. Note contact information and specific rescue plans for outside support (i.e.: contractors) must be accounted for and attached to this plan.

<table>
<thead>
<tr>
<th>Date:</th>
<th>Plan Preparer:</th>
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Description of Personal Fall Arrest System:

Authorized Person using Personal Fall Arrest System:

Authorized Rescuer(s):

Emergency/Site Contact:

Available Rescue Equipment:

Location of Equipment:

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<tr>
<th>Identified Rescue Factors</th>
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<tr>
<td>Anchor Point</td>
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<tr>
<td>Rescue Obstructions or Hazards</td>
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Method of Contact Between Suspended Person and Rescuer(s):

☐ Verbal/Face-to-Face  ☐ Other  ________________________________

Check for Yes

☐ Have alternatives to using fall arrest equipment been considered?
☐ Has rescue equipment been inspected and in good shape?
☐ Is equipment adequate for the rescue plan?
☐ Have communication devices been identified, located and tested?
☐ Are all rescuers trained in the use of the rescue equipment?

Comments:

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