## Fall Arrest Rescue Plan Form

No fall protection program would be complete without provisions for prompt rescue after a worker has fallen and remains suspended, unable to evacuate to a safe working level. A rescue plan must be developed whenever fall arrest systems are in use and when personnel may not be able to self-rescue should a fall occur. This document is intended to provide guidance for developing site and job-specific rescue plans for working at heights. Note contact information and specific rescue plans for outside support (i.e.: contractors) must be accounted for and attached to this plan.

Date:	Plan Preparer:	
Description of Personal Fall Arrest System:		
Authorized Person using Personal Fall Arrest System:		
Authorized Rescuer(s):		
Emergency/Site Contact:		
Available Rescue Equipment:		
Location of Equipment:		
Identified Rescue Factors		
Anchor Point		Landing Area
Rescue Obstructions or Hazards		Other
Method of Contact Between Suspended Person and Rescuer(s):		
□ Verbal/Face-to-Face □ Other		
Check for Yes		
☐ Have alternatives to using fall arrest equipment been considered?		
☐ Has rescue equipment been inspected and in good shape?		
☐ Is equipment adequate for the rescue plan?		
☐ Have communication devices been identified, located and tested?		
☐ Are all rescuers trained in the use of the rescue equipment?		
Comments:		

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