

## VEHICLE BACKING

### Drivers

- Go in reverse only when necessary. If backing is necessary, move the vehicle slowly toward the driver’s side. Also, scan the area before and during backing, and honk the horn continuously while in reverse.
- If in doubt, stop the vehicle and get out.
- Utilize a spotter when possible. When utilizing a spotter, be sure to coordinate on hand signals, discuss blind spots, and plan a path of travel. Always maintain visual contact with the spotter. Stop the vehicle immediately if visual contact is lost.

### Spotters

- Coordinate with the driver on hand signals. Discuss blind spots and the planned path of travel.
- Identify crushing/pinch points and avoid them. Never go behind the vehicle or between the vehicle’s path and fixed objects.
- Remain in visual contact with the driver. Stay out of blind spots.
- Avoid walking backward. Stop the vehicle if you need to reposition yourself.
- Do not do any other task when spotting a vehicle and avoid using distracting items.
- Wear high-visibility gear, especially when working at night.

### Common Hand Signals



<http://www.energysafetycanada.com/>